

Map Legend

- Sensitive Alpine Environment
- Easiest
- More Difficult
- Most Difficult
- First Aid
- First Aid Phone
for assistance call 256-439-5420
- Guest Services
- Washrooms
- Restaurant
- Apres
- Phone
- Repairs / Rentals
- Hiking Trail
- Grizzly Bear Refuge

KHMR Bike Trails

- It's a 10
- Pioneer
- Road Runner
- Super Berm
- Buffalo Jump
- Northern Lights
- Home Run
- School Marm
- Stick Rock
- Claim Jumper
- Easy Rider
- Chute to View
- Time Travel
- Rock 'n' Roll
- Stump Jumper
- Chain Reaction
- LYM
- Hop A Long
- Rock Garden
- Dirt Devil
- Gale Force
- Training Wheels
- Blaster
- Kranky Pants
- Showdown
- Magic Carpet Ride
- Upper Kranky Pants
- Wild Rose

Crystal Bowl (in red) is a sensitive alpine environment. Please stay on marked trails. This area is closed to mountain biking. Riding privileges will be revoked.



Resort Hiking Trails

CPR Ridge Walk

Rating: Easy
Return Time: 20 - 30 Minutes
Description: This trail begins at the top of the Golden Eagle Express Gondola and heads down the ridge, parallel to the gondola line. Be sure to take in the lookout points offering spectacular views of the Columbia River Valley, Blaaberry Valley and Rocky Mountains.

Dogtooth Ridge Hike

Rating: More Difficult (This Trail Leaves the controlled recreational area)
Return Time: 1 - 5 Hours (Depends on turnaround point)
Description: Follow "It's a Ten" roadway for approx 200 metres, then follow the trail up to the left and along the ridgeline. At the Y, go right to the top of the Blue Heaven Lookout or continue left on a well-defined alpine trail. This trail continues North on the backside of the ridge for several kilometers, eventually ending in the Gorman Lake area. Wild flowers and fantastic mountain vistas can be found all along this trail.

Terminator Ridge Hike

Rating: Most Difficult - Scree and large rocks in places
Return Time: 2 - 3 Hours
Description: From the Gondola top, head South along the ridge. This well defined trail cuts below Terminator ridge and heads to the Super Bowl saddle. Continue to follow the main ridge up through a light scramble section. The trail culminates on T2 summit lookout, at the top of an alpine meadow. Enjoy the spectacular views of the Columbia wetlands to the south with the Rocky and Purcell Mountains on either side.

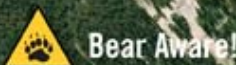
It's a Ten - Top to Bottom Hike

Rating: Easy
Return Time: 4 - 6 hours up, 1-3 hrs down
Description: This well marked, 10 km trail, follows the Ten road from the bottom of the resort to the top, gaining 3,700 feet in elevation. Hikers can start at the bottom or take the Gondola to the top and head down. Please be advised that Mountain Bikers also use the road and have right of way.

Bowl Over Loop

Rating: Intermediate
Return Time: 2.5 hours
Length: 3.5 km
Description: This new trail for Summer 2009 links into the CPR ridge hiking trail. The Bowl over loop starts at the top of the Golden Eagle Express Gondola and makes its way down CPR Ridge dropping in elevation until you reach Tower 15 of the Golden Eagle. Views along the ridgeline are magnificent with vistas of the Dogtooth Range, Blaaberry Valley, Golden Rocky Mountains and the Columbia Valley. Truly magnificent. From Tower 15 you start your heart pumping ascent up through the natural beauty of Bowl over. Gaining elevation with every step, you will be taken in with the scope of the size of Bowl over itself. The trail heads up through large rocks, alpine meadows and along natural moraine features before its steep final leg that finishes you back up at the summit of Kicking Horse.

Bugablu Bungee



1 Km

