



**START**

**FINISH**

**Meadow Park  
Sports Centre  
(Shower &  
Hot Tub)**

**Nicklaus North  
Clubhouse**

Nicklaus North  
Golf Clubhouse  
- Awards

**30km - 2 Laps  
15km - 1 Lap**

**AID  
STATION**

Spruce Grove  
Spruce Grove Park  
Baseball Diamonds

**Village**

**AID  
STATION**

**Ticket  
Booth**

